



## Balloons – what difference your donation makes!

- £5 can pay for a Memory Box for a child to fill with treasured memories of the loved one that they have lost. We use over 120 of these boxes each year
- £10 can pay for arts and crafts materials to support a child to work creatively to process their grief. We work with 150 children each year, so £1,500 covers the costs of arts and crafts materials for the full year
- £15 can buy a book for our resource library to support our volunteer Grief Support Workers to find new ways of supporting bereaved children. Our library is a vital resource for them and we aim to keep it current and well stocked at all times. On average we spend £400 - £500 on the library each year. We need to purchase multiple copies of some of the resources as we have so many Grief Support Workers using them
- £50 can cover the costs of travel for a volunteer Grief Support Worker for one month as they travel round our geographical area providing grief support to children. We currently have 35 Grief Support Workers, on average volunteering for 10 months in the year.
- £500 covers the costs of training a new Grief Support Worker, from recruitment, through to selection, screening, DBS checking and training
- £1,000 covers the costs of our children and families Christmas activity. This is a very special event and often marks the first Christmas that children face without their loved one
- £2,000 covers the annual costs for a volunteer providing 1:1 Grief Support Work. This includes running team meetings, covering all of their supervision needs in line with the British Association of Counselling and Psychotherapy guidelines, providing training and Continuing Professional Development opportunities, travel and resource expenses.
- £6,000 covers the costs of our Activity Day programme for bereaved children to meet others in similar circumstances for one year. Our Activity Days are very special. Children who have completed their 1:1 support with us are invited to days where they meet other children who are also bereaved, so that their sense of isolation is broken down and they get to have a fun day away from the stress of their bereavement