



# The difference your donation would make



**Balloons supports bereaved children, young people and families across Exeter, East and Mid Devon. As a small charity, every pound really does make a difference.**

Here are some examples of how your kind donations are used:

£6

can pay for a Memory Box for a child to fill with treasured memories of the loved one they have lost. We use over 100 of these boxes each year.

£12

would buy a beautiful new children's book for our library. These books are used by our Grief Support Workers in their sessions with children and young people.

£26

can pay for the cost of art, craft and other resources to support a child to work creatively to process their grief through their Grief Support Sessions.

£48

can cover the costs of travel for a volunteer Grief Support Worker to provide Grief Support sessions for a child. Our support covers Exeter, East and Mid Devon and we see over 150 children a year, so our travel costs are over £7000 a year.

£102

would pay for a child to attend an activity day with their family. We run a number of these each year, bringing bereaved children and their families together.

£490

would cover the cost of posting our care packages to bereaved children and young people for a year. We send over 140 parcels each year containing items such as journals, small plushies, fidget toys, help and advice books and self-care items.

£1350

covers the costs of training a new Grief Support Worker, from recruitment, through to selection, screening, DBS checking and the 10-week training course.

To find out more about our work, please visit: [www.balloonscharity.co.uk](http://www.balloonscharity.co.uk) | Tel: 01392 982570  
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Registered charity number: 1158666