



WE ARE LOOKING FOR VOLUNTEER GRIEF SUPPORT WORKERS

Providing 1:1 support in schools to bereaved children and young people

Hours: Flexible. Around 3 hours each week (usually school term-time only).

Training: One day per week over a three month period.

As volunteering and training are in school/office hours, this role is ideal for people working/studying part time, or with flexibility in their week.

Location: Various locations across Exeter, Mid and East Devon. The Balloons office is at Providence Court, Pynes Hill, Rydon Lane, Exeter

Closing: Recruitment ongoing, year-round. Next training course starts October 2026.

An amazing opportunity for you to help change the lives of bereaved children and young people in Exeter, Mid and East Devon.

Balloons is a small, local charity, providing support for children and young people aged 5 to 25 and their families before an expected death, or following the death, of someone significant in their lives. We are looking for volunteers to train as Grief Support Workers. By volunteering for us, you really will make a difference to children who would otherwise be left alone with their grief.

Here are some national statistics that show why we do what we do:



Every 22 minutes, every day, a child is bereaved of a parent



1 in 29 5-16 year olds has been bereaved of a parent or sibling - that's a child in every average class.



41% of youth offenders experienced childhood bereavement



Other reasons to volunteer for us

- As a Volunteer Grief Support Worker, you will attend our free training course, where you will be trained by Donna, a BACP accredited counsellor, supervisor and trainer.
- Once you start your volunteering you will have full support and supervision with a clinical manager, as well as CPD opportunities.
- It provides you with an incredible opportunity to enhance your CV and develop personal and professional skills and experience.
- You will have many opportunities to meet and get to know other amazing volunteers.

Want to know more?

Please visit our website at www.balloonscharity.co.uk for further information about the work that we do at Balloons.

For an information pack and application form, please email admin@balloonscharity.co.uk

We look forward to hearing from you!