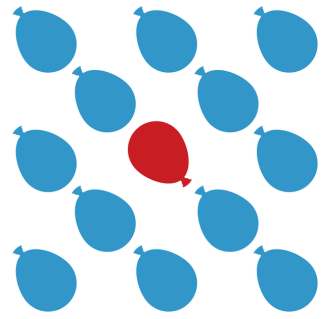




**Hospiscare**  
Caring in the heart of Devon



**Balloons**  
Supporting bereaved children and young people  
in Exeter, East and Mid Devon

# FAMILY MORNING

Hospiscare and child bereavement charity Balloons, invite you to a family support morning for children, young people, and their families who have been bereaved.

- ✓ a chance to come together, in a supportive environment, with others who have been bereaved
- ✓ sessions for children on exploring and managing their grief
- ✓ sessions for parents/carers on supporting children, when there has been a bereavement

**SATURDAY 25TH APRIL 2026**  
**10.00AM - 1.00PM**  
**SEARLE HOUSE, EXETER, EX2 5JJ**

**Places are limited, so please register your interest by 17<sup>th</sup> April 2026**  
**Please read on for more information and how to sign up**

# FAMILY MORNING

## MORE INFORMATION



### Who is the morning for?



- Children and Young People aged 5 – 16 along with their parent(s)/carer(s).
- Those who had a bereavement over 12 weeks ago
- Although being held at Hospiscare, it is open to any family who have had a bereavement, not just where there is already a connection to Hospiscare
- Those who haven't already had one-to-one support from Balloons


### How will the morning run?



- The sessions for children and young people will be run by Balloons. Activities will be done in age groups and will focus on memories, feelings and self-care
- Parents/Carers will have a separate session on supporting bereaved children in their care run by Hospiscare and Balloons
- There will be an activity at the end to bring everyone back together and an opportunity to light a candle in memory

### Practical Information



- We will provide refreshments
  - Location is Hospiscare which is by the hospital in Exeter. Hospiscare, Searle House, Dryden Road, Exeter, Devon, EX2 5JJ. Parking is available
  - Please register your interest by using the sign up form below. We will be in touch once we receive it to confirm your space and answer any further questions you have
- 

### Signing Up

to sign up please complete this form:

<https://forms.office.com/e/3Ha0q9enJs>

If you have any queries or would like to talk before completing the form,  
please contact [support@balloonscharity.co.uk](mailto:support@balloonscharity.co.uk)  
or call Balloons on 01392 982570

Balloons registered charity number 1158666