



# The difference your donation would make



**Balloons supports bereaved children, young people and families across Exeter, East and Mid Devon. As a small charity, every pound really does make a difference.**

Here are some examples of how your kind donations are used:

£6

can pay for a Memory Box for a child to fill with treasured memories of the loved one they have lost. We use over 100 of these boxes each year.

£12

would buy a beautiful new children's book for our library. These books are used by our Grief Support Workers in their sessions with children and young people.

£26

can pay for the cost of art, craft and other resources to support a child to work creatively to process their grief through their Grief Support Sessions.

£48

can cover the costs of travel for a volunteer Grief Support Worker to provide Grief Support sessions for a child. Our support covers Exeter, East and Mid Devon and we see over 150 children a year, so our travel costs are over £7000 a year.

£102

would pay for a child to attend an activity day with their family. We run a number of these each year, bringing bereaved children and their families together.

£490

would cover the cost of posting our care packages to bereaved children and young people for a year. We send over 140 parcels each year containing items such as journals, small plushies, fidget toys, help and advice books and self-care items.

£1350

covers the costs of training a new Grief Support Worker, from recruitment, through to selection, screening, DBS checking and the 10-week training course.

To find out more about our work, please visit: [www.balloonscharity.co.uk](http://www.balloonscharity.co.uk) | Tel: 01392 982570  
Balloons (Devon), First Floor, 6 Providence Court, Pynes Hill, Rydon Lane, Exeter EX2 5JL,  
Registered charity number: 1158666



# The difference your donation would make



£2,040

would cover the cost of sending 20 children on an Activity Day with their parents/carers. We run a number of these each year, offering children the chance to come together with other bereaved children, young people and their families, experience a range of activities and have some fun.

£3,360

would cover the cost of supporting ten children to complete our six-week Grief Support programme with a trained Balloons Grief Support Worker.

£7000

would cover the cost of our Grief Support Workers transport costs for a year (based on last year's numbers) ensuring access to our support across the whole of Exeter, Mid and East Devon.

£21,600

would cover the cost of training two cohorts of new Grief Support Workers from recruitment, their selection, screening, DBS checking and through to the 10-week training course, induction and their first case-matching.

£85,000

would cover the cost of running our direct work including clinical supervision providing initial responses and contact with families, to allocation of cases; management and supervision of our Grief Support Workers (in line with British Association of Counselling and Psychotherapy guidelines); to the ongoing support.

£232k

·covers the annual cost of effectively and efficiently running Balloons. This includes all staff and operational costs including IT, office and insurance; and, all service delivery costs including resources for 1-2-1 sessions, activity days, telephone support and care packages and training and professional development.

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